



Several years ago the Lord gave us a vision to raise an army of 1,000 Intercessors who would pray for TFH Pastors, the church and our region. A subsequent part of that initial vision included activating the army into prayer and fasting every day throughout the year as the army grew in numbers.

As you may know, for some time now we have been contending for revival, miracles, supernatural healing, the souls of our youth, change in our nation etc. Concurrently evidence of darkness increasing within our world encourages us as the Church to shine brighter!

We as the TFH Leaders believe the time is now to embark upon a church-wide lifestyle of prayer and fasting. To accomplish this we are calling upon the army of 1,000 as well as every believer who calls TFH their home, to commit to one day of prayer and fasting each month.

Through these commitments and with a structured calendar system in place, there will be multiple people fasting and praying every day of the year with the exception of major holidays and Sundays.

We are asking that you select a date (by number i.e., the 27th) and fast each month on that date. Fasts will be from after dinner the preceding night until dinner time on the evening of the fast day. To use the example of the 27th, fasting begins after dinner on the 26th and concludes at dinner time on the 27th.

Whenever possible and as individual health and working requirements dictate; we ask that your fast be liquids only. Resource reading to guide you in your fast is available at [tfh.org/resources](http://tfh.org/resources) where you can find Pastor Dave's free Guide to Prayer and Fasting; available for download.

We believe that as we embark together as a church into a lifestyle of year-round prayer and fasting we will see answered prayer, miracles, and greater influence in our cities and regions. Additionally, we are confident we will see the manifestation of Ephesians 3:20: Now all glory to God, who is able, through his mighty power at work within us, to accomplish infinitely more than we might ask or think. (NLT)

You are invited to join with us as we contend for the advancement of God's kingdom here on earth, greater power and anointing upon TFH, and for yet to be seen eternal impact...

I hope you will jump in today!

Pastor of Prayer and Intercession