



The Father's House Counseling Agreement

The Father's House is committed to reaching out to individuals in need. We understand that God will mend a broken heart, but HE must have all the pieces. When you are hurting, really in despair, it is easy to see that your heart is broken. It lies in pieces all around your life. But God can heal our heart. God can rescue you from despair and give you something to rejoice about again. It won't happen overnight: There is some necessary mourning and recovery you have to go through first, but it will happen. All you have to do is be willing to give every piece of your broken heart to God and HE will begin the mending process. You will survive, times will get better and you will, with the grace of God, be able to help others with the gift of God's love. The Common Care Counselors understand the overwhelming distress of the heart. They are here to bear the burdens of those in need carrying on the example of Christ through spiritual encouragement.

The counseling program is a relationship between a Counselor and a person who desires spiritual encouragement over a wide spectrum of life's hurts. Through the guidance of the Bible, the Common Care Counselor will encourage you to take the necessary steps to give God control of your life and help you build, rebuild, or strengthen your relationship with Christ on the road to recovery.

The counselor(s) and the counselee(s) identified below agree to the boundaries of The Common Care Counseling program as identified below:

1. / To stay within the scope of "The Common Care Counseling" program, the counselors are limited to six sessions with a counselee. If additional care is needed the counselor must refer the counselee to a licensed professional.
2. / Although either party can terminate the relationship at any time. Some or all of the counseling will be done through telephone contact.
3. / The Common Care Counseling program is available to adults and young adults that call The Father's House their home church and all individuals coming into the program must be actively involved in a small group. Family counseling is also available. Children will never be counseled without adult supervision.
4. / Due to the program boundaries identified in bullet one it is critical that the individuals connect in a small group where continued shepherding and encouragement can occur.
5. / Counseling is not intended as a means to develop friendships, it is not therapy, mental health care, or treatment for physical or emotional diseases or distress. The Counselor is not functioning as a licensed mental health professional, and this counseling program is not intended as a replacement for professional counseling, psychiatric interventions, and treatment for mental illness, recovery from past abuse, or professional counseling, or professional medical advice. The Counselor does not function as a licensed financial or legal professional, and this program is not intended as a replacement for investment advice, financial planning, tax advice, or any kind of legal counsel.
6. / The Father's House counseling team is designed to address common care issues which could include (but are not limited to) career development, relationship enhancement, spiritual growth, lifestyle management, life balance, decision-making, and achieving short-term or long-term goals. This ministry is not intended to service personal needs such as shopping, transportation services, running errands, etc.
7. / The Father's House Counselor's will communicate a growth plan to the individual in counseling. Counseling sessions can involve brainstorming, values clarification, the completion of written assignments, goal-setting, identifying plans of action, accountability, making requests, agreements to change behavior, examining lifestyles, and questioning.
8. / Counseling is most effective when both parties are honest and straightforward in their communication.



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9. / Counseling is a confidential relationship, except in those situations where such confidentiality would violate the law, such as threats of abuse to another individual, to ones' self, suicidal attempt or threats of suicide. In these cases The Common Care Counseling team is required to report such threats or violations of the law to The Common Care Counseling Ministry Leader, Pastor, Elders and/or Law Enforcement agencies.
10. / The Counselor may consult the Counseling Ministry Leader, The Father's House Pastoral team, or The Father's House Elders for advice, which will assist you in your spiritual encouragement and growth. All consultations between Counselors, Ministry Leaders, Pastors and Elders will remain confidential.
11. / The Father's House Common Care Counselors are committed followers of Jesus Christ who seek to live in accordance with this agreement. The Counselors will utilize biblical references to encourage your spiritual growth during your meetings.
12. / At the discretion of the Ministry Leader, Counselors may be changed to meet the needs of this ministry.
13. / Counselors are not allowed to select counselors. If there is a conflict of interest the counselor will contact the Ministry Leader for reassignment.
14. / Due to high demands and limited counseling resources The Father's House cannot accommodate counselee requests for reassignment. If the counselee is unsatisfied with the assigned counselor the individual should contact professional Christian assistance.
15. / During the first session the Counselor will establish boundaries and expectations.

Blessed are the balanced: Ephesians 5:15. Live life with a due sense of responsibility, not as those who do not know the meaning of life but as those who do.

Counselor – Keep for your records.



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Name(s): **Military** Yes No
Name(s): Referred by:
Who is seeking counseling?
 Male Female Couple Family
 Under 18 19-30 31-40 41-50 Over 50

Today(s) Date:

Regularly Attending Service:
 Vacaville Campus
 Saturday Sunday 9:00 Sunday 11:00
 Encounter Foundry
 Napa Campus
 Saturday Sunday 9:00 Sunday 11:00 Weekday
 East Bay Campus
 Sunday 9:00 Sunday 11:00

Small Group: **Small Group Leader:**

Children's Ages: **City Live In:**

Cell Phone #: **Evening Phone #:** Will you accept text messages Yes No

1. **Are you currently receiving professional counseling for?** Yes No
Select all areas that you are struggling in.

Professional Counseling:
 Abuse (child) Abuse (Sexual) Abuse (Physical) Cutter
 Suicidal Mental

2. **What is the nature of the counseling you are seeking?**
Select all areas that you are struggling in.

Common Care Counseling:
 Abortion Addictions Anger Communication
 Demonic Issues Depression Divorce Fear
 Financial Grief Homosexual Incest
 Life Skills Marital Pornography Separation
 Stress Other

3. **Why are you seeking counseling?** A particular issue probably led you to seek counseling. The counselor needs to understand your surface problem(s) to effectively develop a growth plan. Be as detailed as possible.

4. **What is your personal history and current situation?**

5. **What do you wish to gain from the counseling sessions?**