

# reset

**Build on Bedrock**  
**Pastor Dave Patton**  
**1.5.19**

## USING THIS SERMON DISCUSSION GUIDE

We have provided all the Scriptures referenced in the sermon and some discussion questions for you to use to facilitate a discussion.

This Sermon Discussion Guide is only a tool to aid you in meeting the needs of your group. For most groups, there are too many questions to answer in one session together.

While the questions are important, remember your group's goal is not to get through the questions, but to create an atmosphere that will foster true friendships. Use the discussion questions as you see fit, but emphasize the relationships.

## **RESET**

**to start again, to set, to adjust or fix in a new or different way:**

### **Matthew 7:21-29 (NLT)**

“Not everyone who calls out to me, ‘Lord! Lord!’ will enter the Kingdom of Heaven. Only those who actually do the will of my Father in heaven will enter. On judgment day many will say to me, ‘Lord! Lord! We prophesied in your name and cast out demons in your name and performed many miracles in your name.’ But I will reply, ‘I never knew you. Get away from me, you who break God’s laws. Anyone who listens to my teaching and follows it is wise, like a person who builds a house on solid rock. Though the rain comes in torrents and the floodwaters rise and the winds beat against that house, it won’t collapse **because it is built on bedrock**. But anyone who hears my teaching and doesn’t obey it is foolish, like a person

who builds a house on sand. When the rains and floods come and the winds beat against that house, it will collapse with a mighty crash.”

When Jesus had finished saying these things, the crowds were amazed at his teaching, for he taught with real authority—quite unlike their teachers of religious law.

*“Change happens when the pain of staying the same is greater than the pain of change.”*  
— Tony Robbins

### **2 Kings 23:25**

Never before had there been a king like Josiah, who turned to the LORD with all his heart and soul and strength, obeying all the laws of Moses. And there has never been a king like him since.

### **2 Chronicles 34:3**

During the eighth year of his reign, while he was still young, Josiah began to seek the God of his ancestor David.

### **John 6:44**

*“For no one can come to me unless the Father who sent me draws them...”*

### **Philippians 2:13**

For God is working in you, **giving you the desire and the power** to do what pleases him.

### **Zechariah 1:3**

Return to me, and I will return to you, says the LORD of Heaven’s Armies.’

### **Jeremiah 15:19**

“If you return to me, I will restore you so that you may serve me once again”

## **4 Foundational Principles to Building Your Life**

### **1. RESET your new year in the secret place**

- RESET BOOK

- 21 Day fast
- Worship Lunches / Live stream
- All-campus night of prayer and worship

## 2 Kings 23:1-2

Then the king summoned all the elders of Judah and Jerusalem. And the king went up to the Temple of the LORD with all the people of Judah and Jerusalem, along with the priests and the prophets—**all the people from the least to the greatest.**

2. RESET your new year **in community**

## 2 Kings 23:2

There the king read to them the entire Book of the Covenant that had been found in the LORD's Temple

3. RESET your new year **in the Word**
4. REST your new year **with a new covenant** (commitment)

## 2 Kings 23:3

The king took his place of authority beside the pillar and **renewed the covenant in the LORD's presence.** He pledged to obey the LORD by keeping all his commands, laws, and decrees with all his heart and soul. In this way, he confirmed all the terms of the covenant that were written in the scroll, and all the people pledged themselves to the covenant.

## TALK IT THROUGH

1. Do you tend to make new year resolutions? Why or why not?
2. Read together the definition for *reset*. (To start again, to set, to adjust or fix in a new or different way.) Share a time in your life when you did a reset.
3. "Lasting change only comes when we deal with foundational issues." We saw a vivid illustration, with the Millennium Tower in San Francisco, of what happens when we don't build on a solid foundation. What are some of the things we tend to build our lives upon in today's society? What are the things of a firm foundation that give us true stability?

4. Pastor Dave said God initiates our resets. The first step in resetting our relationship with God is to simply respond – say, Yes! - to His invitation. Read John 6:44 together. In this new year, have you sensed God inviting you to reset an area of your life? If so, what? What would you like to see?
5. Pastor Dave talked about the following resources to help reset your new year in the secret place. How are you incorporating these into your schedule in order to help reset?
  - Bible reading plan (available on the TFH app)
  - *Reset* book
  - 21-day fast
  - Worship lunches (Tues – Friday through Jan. 22)
    - Unable to attend? Check out the livestream: [www.live.tfh.org](http://www.live.tfh.org)
  - All-church night of prayer and worship, Jan. 24, **7pm**
6. Review the four application points Pastor Dave gave us:
  - Reset your New Year in the Secret Place (a determination to seek after God)
  - Reset your New Year in Community
  - Reset your New Year in the Word (be a self-feeder)
  - Reset your New Year with a new covenant (renewed response to God's promises)

Which of these application points is most needed in your life right now? Which one are you looking forward to the most?

7. Read Matthew 7:24-27 together. What will you build your life upon in 2019? Spend time praying for each other for strength and courage to these new, or renewed, commitments to reset your life this year.