



**Supernatural – Run To Win**  
**Pastor Hilary Harris 10.08.2023**

**USING THIS SERMON DISCUSSION GUIDE**

We have provided all the Scriptures references in the sermon and some discussion questions for you to use to discuss the weekend message.

This Sermon Discussion Guide is only a tool to aid you in meeting the needs of your group. For most groups, there are too many questions to answer in one session together. Give priority to the needs and pace of your group members.

While the questions are important, remember your group's goal is to create an atmosphere that will foster true friendships. Use the discussion questions as you see fit but emphasize the relationships.

**[1 Corinthians 9:24-27]**

Do you not know that those who run in a race all run, but only one receives the prize? Run in such a way that you may win. Everyone who competes in the games exercises self-control in all things. They then do it to receive a perishable wreath, but we an imperishable. Therefore I run in such a way, as not without aim; I box in such a way, as not beating the air; but I discipline my body and make it my slave, so that, after I have preached to others, I myself will not be disqualified.

**There is an urgency to your spiritual journey.**

## **[Revelation 22:20]**

He who testifies to these things says, "Yes, I am coming quickly." Amen. Come, Lord Jesus.

## **[John 4:35-37]**

Do you not say, 'There are yet four months, and then comes the harvest'? Behold, I say to you, lift up your eyes and look on the fields, that they are white for harvest.

## **[2 Corinthians 6:2]**

I tell you, now is the time of God's favor, now is the day of salvation.

## **How we "Run to Win"**

### **1. Keep Your Eye on the Prize**

## **[1 Corinthians 9:24-25]**

Do you not know that those who run in a race all run, but only one receives the prize? Run in such a way that you may win. Everyone who competes in the games exercises self-control in all things. They then do it to receive a perishable wreath, but we an imperishable.

## **[Philippians 3:13-14, 18-20]**

... But one thing I do: forgetting what lies behind and straining forward to what lies ahead, I press on toward the goal for the prize of the upward call of God in Christ Jesus: For, as I have often told you before and now tell you again even with tears, many live as enemies of the cross of Christ. Their destiny is destruction, their god is their stomach, and their glory is in their shame. Their mind is set on earthly things. But our citizenship is in heaven. And we eagerly await a Savior from there, the Lord Jesus Christ.

**"If what you're running towards is not based on the person of Jesus, you're running for nothing!"**

**"Does what I'm running for bring glory to my name, or does it bring glory to His name?"**

## **How we "Run to Win"**

### **2. His Word gives me a clear path.**

#### **[Psalm 119:24]**

Your testimonies are my delight; they are my counselors.

#### **[Proverbs 4:10-12]**

Listen, my son, accept what I say, and the years of your life will be many. I instruct you in the way of wisdom and lead you along straight paths. When you walk, your steps will not be hampered; when you run, you will not stumble.

#### **[Proverbs 4:25-26]**

Let your eyes look straight ahead; fix your gaze directly before you. Give careful thought to the paths for your feet and be steadfast in all your ways.

#### **[Psalm 119:105]**

Your word is a lamp unto my feet and a light unto my path.

#### **[Psalm 119:30]**

The unfolding of your words gives light; it imparts understanding to the simple.

## **How we "Run to Win"**

### **3. Let the Holy Spirit be your coach**

#### **[1 Corinthians 9:25-27]**

Everyone who competes in the games exercises self-control in all things. They then do it to receive a perishable wreath, but we an imperishable. Therefore I run in such a way, as not without aim; I box in such a way, as not beating the air; but I discipline my body and make it my slave (bring my body into subjection).

#### **[1 Corinthians 14:18]**

I thank God that I speak in tongues more than any of you.

#### **[Galatians 5:16]**

But I say, walk by the Spirit, and you will not gratify the desires of the flesh

### **[John 16:7]**

Let me assure you, it is better for you that I go away. I say this because when I go away I will send the Helper to you. But if I did not go, the Helper would not come.

### **The Holy Spirit**

- Gives me self-control, joy, peace, patience & faith (Galatians 5:22-23)
- Helps me be loving, good, gentle, kind (Galatians 5:22-23)
- Helps me overcome lust (Galatians 5:16)
- Helps me when I'm weak (Romans 8:26)
- Shows me what to pray (Romans 8:26)
- Gives me wisdom and understanding (Isaiah 11:2)
- Gives me hope (Romans 15:13)
- Convicts me of sin (John 16:8)
- Leads me in the truth (John 16:13)
- Gives me strength and endurance (Colossians 1:11)
- Gives me energy – (Ephesians 3:20)

### **[Ephesians 3:20]**

Now to him who is able to do immeasurably more than all we ask or imagine, according to his power that is at work within us, \_

***energéō; to be active, efficient, effectual, fervent, mighty***

### **[Psalm 121:1]**

I lift up my eyes to the hills, where does my help come from? My help comes from the Lord,

### **[Isaiah 40:31]**

But those who wait on the Lord shall renew their strength; They shall mount up with wings like eagles, They shall run and not be weary, They shall walk and not faint.

## **Key Points:**

### **How we "Run to Win"**

1. Keep Your Eye on the Prize
2. His Word gives me a clear path
3. Let the Holy Spirit be your coach

## **Applications for the Week:**

Pastor Hilary said, "If you are faithful to open His Word daily (the Bible), God will be faithful to provide the next steps." As a church, we have several resources available for you to grow: Bible Reading Plans via YouVersion App, Biblical Studies, Essentials, and Leadership College. Visit [www.tfh.org](http://www.tfh.org) for more details.

## **Discussion Questions**

1. Do you or someone you know love to run? How have you heard them describe the "runner's high"?
2. What does it look like practically for you to fix your eyes on Jesus?
3. Does what I'm running for bring glory to my name, or does it bring glory to His name?
4. How can we run the race to win? (See Philippians 3:13-14, 18-20)
5. "You don't have as much time as you think." How do you personalize the faith principle that "we are in a race"?
6. Why is it important to spend time in God's Word (the Bible) daily? How have you experienced the power of God's Word transform your life?
7. How does the Word of God clear our obstacles?
8. Discuss how the Holy Spirit helps us run to win? \*Reference the list that Pastor Hilary gave.