



Supernatural – Approaching the Table Pastor Tosha Zwanziger 10.29.2023

USING THIS SERMON DISCUSSION GUIDE

We have provided all the Scriptures references in the sermon and some discussion questions for you to use to discuss the weekend message.

This Sermon Discussion Guide is only a tool to aid you in meeting the needs of your group. For most groups, there are too many questions to answer in one session together. Give priority to the needs and pace of your group members.

While the questions are important, remember your group's goal is to create an atmosphere that will foster true friendships. Use the discussion questions as you see fit but emphasize the relationships.

[1 Corinthians 11:1]

I want you to pattern your lives after me, just as I pattern mine after Christ.

[1 Corinthians 11:17-28]

¹⁷ But in the following instructions I do not commend you, because when you come together it is not for the better but for the worse. ¹⁸ For, in the first place, when you come together as a church, I hear that there are divisions among you. And I believe it in part, ¹⁹ for there must be factions among you in order that those who are genuine among you may be recognized. ²⁰ When you come together, it is not the Lord's supper that you eat. ²¹ For in eating, each one goes ahead with his own meal. One goes hungry, another gets drunk. ²² What! Do you not have houses to eat and drink in? Or do you despise the church of God and humiliate those who have nothing? What shall I say to you? Shall I commend you in this? No, I will not. ²³ For I received from the Lord

what I also delivered to you, that the Lord Jesus on the night when he was betrayed took bread, ²⁴ and when he had given thanks, he broke it, and said, "This is my body, which is for you. Do this in remembrance of me." ²⁵ In the same way also he took the cup, after supper, saying, "This cup is the new covenant in my blood. Do this, as often as you drink it, in remembrance of me." ²⁶ For as often as you eat this bread and drink the cup, you proclaim the Lord's death until he comes. ²⁷ Whoever, therefore, eats the bread or drinks the cup of the Lord in an unworthy manner will be guilty concerning the body and blood of the Lord. ²⁸ Let a person examine himself, then, and so eat of the bread and drink of the cup.

[1 Corinthians 11:27]

Whoever, therefore, eats the bread or drinks the cup of the Lord in an unworthy manner will be guilty concerning the body and blood of the Lord.

If we are not careful, we can come into the house of God and not even honor Him.

How do we Approach the Table?

1. Be obedient

[Luke 11:28]

Jesus replied, "But even more blessed are all who hear the word of God and put it into practice."

How do we Approach the Table?

2. Examine your life

[1 Corinthian 11:28]

Everyone ought to examine themselves before they eat of the bread and drink from the cup.

How do we Approach the Table?

3. Remember

[1 Peter 1:18-19]

¹⁸ For you know that God paid a ransom to save you from the empty life you inherited from your ancestors. And it was not paid with mere gold or silver, which lose their value. ¹⁹ It was the precious blood of Christ, the sinless, spotless Lamb of God.

[1 Corinthians 11:23-27]

²³ For I received from the Lord what I also delivered to you, that the Lord Jesus on the night when he was betrayed took bread, ²⁴ and when he had given thanks, he broke it, and said, "This is my body, which is for you. Do this in remembrance of me." ²⁵ In the same way also he took the cup, after supper, saying, "This cup is the new covenant in my blood. Do this, as often as you drink it, in remembrance of me." ²⁶ For as often as you eat this bread and drink the cup, you proclaim the Lord's death until he comes. ²⁷ So anyone who eats this bread or drinks this cup of the Lord unworthy is guilty of sinning against the body and blood of the Lord.

Key Points:

How do we approach the Table?

1. Be obedient
2. Examine your life
3. Remember

Applications for the Week:

Ask God to examine your heart and bring to light any areas that need attention? As He shows you, repent and receive God's forgiveness and take time to remember and celebrate all that Jesus did for you by taking communion.

Discussion Questions

1. What is the by-product of bitterness, offense and unforgiveness? What action steps did Jesus tell us to take to walk in freedom from these areas?
2. Why do people sometimes begin to question beliefs when sin and compromise creep into the church?
3. What are some areas that are meant to be holy or set apart that we have made common? What might that be specifically in church?
4. How does having a passionate relationship with Jesus keep what's holy, Holy?
5. How can we move from a place of religious duty back to a place of relationship with Him?
6. Why is a lifestyle of repentance vital to our journey of faith with Jesus? How can we make repentance a part of our daily lifestyle?
7. Why is it important to celebrate and take communion on a regular basis?
8. When you take communion, how do you connect obedience, examination, and remembrance?