Made for This Part 1—Bring Your Weight
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**USING THIS SERMON DISCUSSION GUIDE**

We have provided all the Scriptures references in the sermon and some discussion questions for you to use to facilitate a discussion.

This Sermon Discussion Guide is only a tool to aid you in meeting the needs of your group. For most groups, there are too many questions to answer in one session together.

While the questions are important, remember your group’s goal is not to get through the questions, but to create an atmosphere that will foster true friendships. Use the discussion questions as you see fit but emphasize the relationships.


“*Man's chief end is to glorify God, and to enjoy him forever*”
(Westminster Catechism, 1646)

**Biblical worship truths—**

1. The starting place of effective worship is to learn how to worship on God’s terms, not ours.

[Psalm 100:4-5]

_Enter his gates with thanksgiving
and his courts with praise;
give thanks to him and praise his name._
For the \textit{LORD} is good and his love endures forever; his faithfulness continues through all generations.

2. God is a person who has feelings, desires and preferences.

\textit{[Mark 12:29-30]}
Jesus replied, “The most important commandment is this: ‘Listen, O Israel! The \textit{LORD} our God is the one and only \textit{LORD}. And you must love the \textit{LORD} your God with \textit{all your heart, all your soul, all your mind, and all your strength}.’

\textit{[Psalm 9:1]}
I will praise (Yadah) you, \textit{LORD}, with all my heart; I will tell of all the marvelous things you have done.

\textit{[Psalm 28:7]}
The \textit{LORD} is my strength and my shield; my heart trusts in him, and he helps me.
My heart leaps for joy, and with my song I praise (Yadah) him.

\textit{[1 Timothy 2:8]}
\textit{In every place of worship,} I want men to pray with holy hands lifted up to God, free from anger and controversy.

\textit{[Psalm 141:2]}
May my prayer be set before you like incense; \textit{may the lifting up of my hands} be like the evening sacrifice.

\textit{[Psalm 42:5]}
Why am I so discouraged? Why is my heart so sad?
I will put my hope in God?
Despite all my emotions, I will believe and praise (Yadah) the One who saves me and is my life.

[Psalm 57:7-11]
My heart is steadfast, O God, my heart is steadfast;
I will sing and give praise.
Awake, my glory! (kabowd)
Awake, lute and harp!
I will awaken the dawn.
I will praise (Yadah) You, O Lord, among the peoples;
I will sing to You among the nations.
For Your mercy reaches unto the heavens,
And Your truth unto the clouds.
Be exalted, O God, above the heavens;
Let Your glory (kabowd) be above all the earth.

3. Turn up, bring your passion, bring your weight, bring your kabowd!
- Every acceptable sacrifice has a divine response.
- When you bring your weight, God will respond with His.

TALK IT THROUGH

1. What are some things in which people try to find their identity? Why do you think they are so significant to people?
2. What do you believe, or what have you discovered, you are made for?
3. Worship by definition is the highest level of passion and focus. In all honesty what, or who, has your highest level of passion and focus?
4. Culturally, what are some things people worship around you? (That is, what captures their passion, their attention, and their resources.)

5. If you’re familiar with *The Five Love Languages* (Dr. Gary Chapman), how do you think you are wired to express and receive love? (words of affirmation, quality time, physical touch, gifts, and acts of service) Which ones require more intentionality for you personally?

6. How is worship God’s love language?

7. What are some things that get in the way of your worship? Who or what helps you bring your best in worship?

8. What are some ways to *turn up*: bring your passion, bring your weight, bring your *kabowd*?