

# PSALMS OF SUMMER



## PSALMS OF SUMMER Part 6: There is a Mountain Pastor Tosha Zwanziger

### USING THIS SERMON DISCUSSION GUIDE

We have provided all the Scriptures referenced in the sermon and some discussion questions for you to use to facilitate a discussion.

This Sermon Discussion Guide is only a tool to aid you in meeting the needs of your group. For most groups, there are too many questions to answer in one session together.

While the questions are important, remember your small group's goal is not to pound through the questions but to create an atmosphere that will foster true friendships, so knock yourself out with the discussion questions but spend more time laughing than answering the questions.

### **[Psalm 24, NIV]**

*The earth is the Lord's, and everything in it,  
the world, and all who live in it;*

<sup>2</sup>*for he founded it on the seas  
and established it on the waters.*

<sup>3</sup>*Who may ascend the mountain of the Lord?  
Who may stand in his holy place?*

<sup>4</sup>*The one who has clean hands and a pure heart,*

*who does not trust in an idol  
or swear by a false god.*

<sup>5</sup> *They will receive blessing from the Lord  
and vindication from God their Savior.*

<sup>6</sup> *Such is the generation of those who seek him,  
who seek your face, God of Jacob.*

### **[Psalm 24:3]**

*Who may ascend the Mountain/**HILL** of the lord? Who may stand in his  
holy place?*

### **What is at the top of the mountain?**

### **[Psalm 84:10]**

*“A single day in your courts (holy place) is better than a thousand  
anywhere else!”*

### **Why do we get stuck?**

### **[Hebrews 11:6]**

*...He is a rewarder of those who by faith earnestly and diligently seek  
after HIM.*

### **How do we climb?**

**(How do we stand with God in His holy place?)**

### **[Psalm 24:4, NIV]**

*The one who has clean hands and a pure heart, who does not trust in  
an idol or swear by a false god.*

### **Clean Your Hands**

= repentance – confession to God that you have sinned and you are  
sorry.

## Purify Your Heart

### Don't Trust in Idols

**[Matthew 5:8]**

*Blessed are the **pure in heart** for they will see God.*

**[1 Samuel 16:7]**

*“Man looks at the outward appearance, but the Lord looks at the heart.”*

**[Psalm 51:10, NIV]**

*Create in me a **pure heart**, O God, and renew a steadfast spirit within me.*

**[Psalm 24:6, AMP]**

*“This is the generation (description) of those who diligently seek Him and require Him as their greatest need...”*

## DISCUSSION QUESTIONS

- 1. What are some things that represent mountains for you (both good and challenging)?**
- 2. Who are some biblical “hikers” that journeyed up a mountain to encounter God?**
- 3. What items (baggage, distractions, or even seemingly good opportunities) have you needed to leave at the base of the mountain, in order to meet with God? How come we sometimes get stuck somewhere in the middle?**
- 4. What is at the top of the mountain?**
- 5. When was a significant time that you had to “climb,” in your faith journey? Where did that season take you?**
- 6. Pray for God to increase your desire for Him and take you to a new level in your relationship with Jesus.**