

PSALMS OF SUMMER



Psalms of Summer Part 12: I Am the One Pastor Jared Lemke

USING THIS SERMON DISCUSSION GUIDE

We have provided all the Scriptures referenced in the sermon and some discussion questions for you to use to facilitate a discussion.

This Sermon Discussion Guide is only a tool to aid you in meeting the needs of your group. For most groups, there are too many questions to answer in one session together.

While the questions are important, remember your small group's goal is not to pound through the questions but to create an atmosphere that will foster true friendships, so knock yourself out with the discussion questions but spend more time laughing than answering the questions.

[Psalm 62:1-12]

- ¹ *I wait quietly before God,
for my victory comes from him.*
- ² *He alone is my rock and my salvation,
my fortress where I will never be shaken.*
- ³ *So many enemies against one man—
all of them trying to kill me.*

*To them I'm just a broken-down wall
or a tottering fence.*

⁴ *They plan to topple me from my high position.
They delight in telling lies about me.*

*They praise me to my face
but curse me in their hearts. Interlude*

⁵ *Let all that I am wait quietly before God,
for my hope is in him.*

⁶ *He alone is my rock and my salvation,
my fortress where I will not be shaken.*

⁷ *My victory and honor come from God alone.
He is my refuge, a rock where no enemy can reach me.*

⁸ *O my people, trust in him at all times.
Pour out your heart to him,
for God is our refuge. Interlude*

⁹ *Common people are as worthless as a puff of wind,
and the powerful are not what they appear to be.
If you weigh them on the scales,
together they are lighter than a breath of air.*

¹⁰ *Don't make your living by extortion
or put your hope in stealing.
And if your wealth increases,
don't make it the center of your life.*

¹¹ *God has spoken plainly,
and I have heard it many times:*

Power, O God, belongs to you;

¹² *unfailing love, O Lord, is yours.*

*Surely you repay all people
according to what they have done.*

[Psalm 62:1]

*I wait quietly before God,
for my victory comes from him.*

We serve a God who is victorious!

[Psalm 62:2]

*He **alone** is my rock and my salvation,
my fortress where I will never be shaken.*

[Matthew 7:24-27]

²⁴ “Anyone who listens to my teaching and follows it is wise, like a person who builds a house on solid rock. ²⁵ Though the rain comes in torrents and the floodwaters rise and the winds beat against that house, it won’t collapse because it is built on bedrock. ²⁶ But anyone who hears my teaching and doesn’t obey it is foolish, like a person who builds a house on sand. ²⁷ When the rains and floods come and the winds beat against that house, it will collapse with a mighty crash.”

Our true foundations aren’t revealed until pressure is applied. Jesus is the only One worthy of our worship.

[1 Corinthians 3:11]

For no one can lay any foundation other than the one we already have—Jesus Christ.

[Psalm 62:8]

*O my people, **trust** in him at all times.
Pour out your heart to him,
for God is our refuge. Interlude*

HOW WE MAKE GOD OUR FOUNDATION:

#1. Trust in God wholeheartedly (Proverbs 3:5-6)

Trust in the track record of Jesus in the Bible.

#2. Pour out your heart to God

[Psalm 62:8]

O my people, trust in him at all times.

***Pour out** your heart to him,*

for God is our refuge. Interlude

DISCUSSION QUESTIONS

1. Have you ever had a day that went from “0” (calm and normal) to “100” (chaotic and trying)? Describe the situation and how you responded.
2. What’s the difference between the qualities in rock and sand, especially when used as a foundation?
3. What foundations have you witnessed people build their lives upon? Why do you think some people fluctuate in their foundation?
4. When was the last time you waited quietly before God? What did it take to get there? What was the result?
5. How does remembering God’s faithfulness in His Word, and in your life, help us to trust Him wholeheartedly?
6. What can you do this week to pour out your heart to God?