



The Journey
Doctor Nina Baratiak 08.10.2025

USING THIS SERMON DISCUSSION GUIDE

We have provided all the Scriptures references in the sermon and some discussion questions for you to use to discuss the weekend message.

This Sermon Discussion Guide is only a tool to aid you in meeting the needs of your group. For most groups, there are too many questions to answer in one session. Give priority to the needs and pace of your group members.

While the questions are important, remember your group's goal is to create an atmosphere that will foster true friendships. Use the discussion questions as you see fit but emphasize the relationships.

[Psalm 84:5-7]

Blessed is the man whose strength is in You, whose heart is set on pilgrimage. As they pass through the Valley of Baca, they make it a spring; The rain also covers it with pools. They go from strength to strength; Each one appears before God in Zion.

[Philippians 1:6]

Being confident of this very thing, that He who has begun a good work in you will complete it until the day of Jesus Christ.

[Hebrews 4:1]

Therefore, since a promise remains of entering His rest, let us fear lest any of you seem to have come short of it.

[Joshua 1:9]

Have not I commanded you? Be strong and of a good courage; be not afraid, neither be you dismayed: for the Lord your God is with you wherever you go.

[Song of Solomon 8:5a]

Who is this coming up from the wilderness, leaning upon her beloved?

[Joshua 14:10-11]

And now, behold, the Lord's kept me alive, as He said, these 45 years, ever since the Lord spoke this word to Moses while Israel wandered in the wilderness; and now, here I am, 85 years old. As yet I am as strong this day as on the day that Moses sent me; just as my strength was then, so now is my strength for war, both for going out and for coming in. Now therefore, give me this mountain of which the Lord spoke in that day

[Judges 1:14b-15]

And (Achsah, Caleb's daughter) dismounted from her donkey, and Caleb said to her, "What do you wish?" So, she said to him, "Give me a blessing; since you have given me land in the South, give me also springs of water." And Caleb gave her the upper springs and the lower springs.

[Galatians 6:9]

And let us not grow weary while doing good, for in due season we shall reap if we do not lose heart.

1. Have our heart set on the journey
2. Have perseverance
3. Go from strength to strength

Key Points:

1. Have our hearts set on the journey
2. Have perserverance
3. Go from strength to strength

Applications for the Week:

Dr. Nina talked about setting our heart on the journey, not the starting point. Is there an area of your life where you've been focused on the wrong things, rather than on where God wants to take you? What simple steps can you take this week to spend time with God and focus on where he is taking you?

Discussion Questions:

1. According to Psalm 84 what is the significance of having your heart set on pilgrimage or the journey?
2. What happens as believers pass through the valley of Baca, and what does that valley represent?
3. What examples did Dr. Nina give of Biblical characters who faced setback but kept moving forward?
4. What does it mean to go from strength to strength as described in Psalm 84:7?
5. Perserverance is the bridge over discouragement. When you feel tired, overlooked, or discouraged what practice steps can you take to "encourage yourself in the Lord?"

- 6.** Caleb waited 45 years to receive his promise, but he never let go of God's word. Is there a promise or dream you've let go of because of delays or setbacks?
- 7.** Our breakthroughs become an inheritance for others. Who in your life could benefit from the lessons or "springs" you've gained through your journey?