



**Blueprint for blessing
Pastor Hilary Harris 06.29.2025**

USING THIS SERMON DISCUSSION GUIDE

We have provided all the Scriptures references in the sermon and some discussion questions for you to use to discuss the weekend message.

This Sermon Discussion Guide is only a tool to aid you in meeting the needs of your group. For most groups, there are too many questions to answer in one session. Give priority to the needs and pace of your group members.

While the questions are important, remember your group's goal is to create an atmosphere that will foster true friendships. Use the discussion questions as you see fit but emphasize the relationships.

[Psalm 1:1]

Blessed is the Man" – "Blessed" - "Esher" = It means Happiness

[Psalm 1:1-6]

Blessed is the man who walks not in the counsel of the wicked, nor stands in the way of sinners, nor sits in the seat of scoffers; but his delight is in the law of the LORD, and on his law he meditates day and night. He is like a tree planted by streams of water that yields its fruit in its season, and its leaf does not wither. In all that he does, he prospers. The wicked are not so, but are like chaff that the wind drives away. Therefore the wicked will not stand in the judgment, nor sinners in the congregation of the righteous; for the LORD knows the way of the righteous, but the way of the wicked will perish

1. A blessed man chooses his path carefully

[Psalm 1:1]

Blessed is the man who walks not in the counsel of the wicked, nor stands in the way of sinners, nor sits in the seat of scoffers;

[Prov 4:14-15]

Do not enter the path of the wicked and do not walk in the way of the evil. Avoid it; do not go on it; turn away from it and pass on.

2. A blessed man meditates on the Word.

[Psalm 1:1]

but his delight is in the law of the LORD, and on his law he meditates day and night.

Meditate – “moan, growl, utter, speak, muse”

[Luke 6:45]

A good man brings good things out of the good stored up in his heart, and an evil man brings evil things out of the evil stored up in his heart. For the mouth speaks what the heart is full of.

3. A blessed man is planted in the house.

[Psalm 1:3]

He is like a tree planted by streams of water that yields its fruit in its season, and its leaf does not wither. In all that he does, he prospers.

[Psalm 92 :12-15]

The righteous flourish like the palm tree and grow like a cedar in Lebanon. They are planted in the house of the Lord; they flourish in the courts of our God. They still bear fruit in old age; they are ever full of sap and green, to declare that the Lord is upright; he is my rock, and there is no unrighteousness in him.

Key Points:

1. **A blessed man chooses his path carefully**
2. **A blessed man meditates on the word**
3. **A blessed man is planted in the house**

Applications for the Week:

Meditating on God’s Word was described as more than just reading- It’s internalizing and letting it come out in our words and actions. What is one way you could make Scripture a more regular part of your daily routine this week?

Discussion Questions:

1. According to Psalm 1, what are the three things a blessed person does NOT do, and what does he delight in instead?
2. What is the result in Psalm 1 of meditating on God’s Word day and night?

- 3.** Psalm 1 describes the blessed person as a tree planted by streams of water. What does this image suggest about the source and stability of a blessed life?
- 4.** Sin is not just an act, but a path with an entry point unique to each of us. What does this mean, and how does it change the way you think about temptation?
- 5.** The sermon challenges us to consider the voices we allow to influence us. Who are the main voices shaping your decisions, values and directions right now?
- 6.** Psalm 1 warns against sitting in the seat of mockers or scoffers. Are there areas in your life where you find yourself drawn into negativity or cynicism about faith or the church? What could you do to change that pattern?