[Psalm 23]

_A Psalm of David._

_The LORD is my shepherd;_  
_I shall not want._  
_He makes me to lie down in green pastures;_  
_He leads me beside the still waters._  
_He restores my soul;_  
_He leads me in the paths of righteousness_  
_For His name’s sake._  

_Yea, though I walk through the valley of the shadow of death,_  
_I will fear no evil;_
For You are with me;
Your rod and Your staff, they comfort me.
You prepare a table before me in the presence of my enemies;
You anoint my head with oil;
My cup runs over.
Surely goodness and mercy shall follow me
All the days of my life;
And I will dwell in the house of the LORD
Forever.

[Matthew 10:16]
“Look, I am sending you out as sheep among wolves. So be as shrewd as snakes and harmless as doves.”

[Matthew 9:36]
When He saw the crowds, he had compassion on them, because they were harassed and helpless, like sheep without a shepherd.

[Matthew 25:32-33]
All the nations will be gathered in His presence, and he will separate the people as a shepherd separates the sheep from the goats. 33 He will place the sheep at his right hand and the goats at his left.

[John 10:11]
“I am the good shepherd. The good shepherd lays down his life for the sheep”

[John 10:27]
My sheep listen to my voice; I know them, and they follow me.

Promises found in Psalm 23
“I shall not want” (lack) = complete provision
“lie down in green pastures” = **spiritual food and rest**
“beside the still waters” = **satisfaction and an absence of stress**
“Restores my soul” = **Mental and emotional recovery and health**
“Leads me in paths of righteousness” = **Clear direction and right standing with God**
“I will fear no evil” = **freedom from fear and anxiety**
“Your rod and Your staff, they comfort me” = **correction and protection**

The key verse: “You anoint my head with oil; My cup runs over.”

The Anointing:
• **God-given ability** to accomplish your
• **God-given purpose** and walk in your
• **God-given destiny**

1. Jesus anoints you now for the next season of your life!

2. Jesus anoints us even though he knows we will fail, suffer setbacks and delays

3. The anointing is intended to overflow

New Testament Application:
• Jesus promised to anoint us:

[Acts 1:8]
But you will receive power when the Holy Spirit comes upon you.

• Anointing is necessary in the life of every new testament believer!

[Acts 1:5]
“Do not leave Jerusalem until the Father sends you the gift he promised, as I told you before. John baptized with water, but in just a few days you will be baptized with the Holy Spirit.”

• Anointing comes through proximity and asking in faith

“You fathers—if your children ask for a fish, do you give them a snake instead? Or if they ask for an egg, do you give them a scorpion? Of course not! So if you sinful people know how to give good gifts to your children, how much more will your heavenly Father give the Holy Spirit to those who ask him.”

DISCUSSION QUESTIONS

1. Read Psalms 23 as you read through Psalm 23, what aspects of God's character stir hope in your soul?
2. What characteristics of sheep are commonly found among us?
3. What was your “Valley of the shadow of death” and how did God walk with you?
4. Is the Lord your shepherd? What other shepherds do we find ourselves following?
5. What flies (stress, bitterness, regret, lust, depression, etc.) do you find yourself swatting at frequently? How can the anointing of God help to combat these flies?
6. Who, in your life, needs the overflow of your anointing? How can we live with an ongoing overflow of the spirit of God?
7. Get some oil from the kitchen and anoint one another and ask God to heal, provide, restore and empower. Ask Him to fill you to overflowing so that those who live in proximity of you will be affected by your anointing.