

# PSALMS OF SUMMER



## Pastor Dave Patterson Part 13 From Victim to Victor

### USING THIS SERMON DISCUSSION GUIDE

We have provided all the Scriptures referenced in the sermon and some discussion questions for you to use to facilitate a discussion.

This Sermon Discussion Guide is only a tool to aid you in meeting the needs of your group. For most groups, there are too many questions to answer in one session together.

While the questions are important, remember your small group's goal is not to pound through the questions but to create an atmosphere that will foster true friendships, so knock yourself out with the discussion questions but spend more time laughing than answering the questions.

**Halal' = to shine, to make a show, to boast; to rave; to be (clamorously) foolish; to celebrate.**

### **[Psalm 150]**

*Praise the Lord.*

*Praise God in his sanctuary;*

*praise him in his mighty heavens.*

*Praise him for his acts of power;*

*praise him for his surpassing greatness.*

*Praise him with a blast of the ram's horn;*

*praise him with the harp and lyre,*

*praise him with timbrel (drum) and dancing,*

*praise him with the strings and flutes,  
praise him with the clash of cymbals,  
praise him with loud clanging cymbals.  
Let everything that has breath praise the Lord.  
Praise the Lord!*

**[Psalm 18:4-6]**

*The ropes of death entangled me;  
floods of destruction swept over me.  
The grave wrapped its ropes around me;  
death laid a trap in my path.  
But in my distress I cried out to the LORD;  
yes, I prayed to my God for help.  
He heard me from his sanctuary;  
my cry to him reached his ears.*

**Victim = A person who undeservedly suffers something destructive because of the actions of another.**

*“Victim mentality lives in the past, while victor mentality leans into the future!”*

**Direct quotes from Psalm 18:**

- *“in my distress I cried out to the LORD”*
- *“I prayed to my God for help”*
- *“I have kept the ways of the LORD”*
- *“I have not turned from my God to follow evil”*
- *“I have never abandoned his decrees”*
- *“He is my shield, the power that saves me”*

**[Palms 18:30-34]**

*God’s way is perfect.  
All the LORD’s promises prove true.  
He is a shield for all who look to him for protection.  
For who is God except the LORD?  
Who but our God is a solid rock?*

*God arms me with strength,  
and he makes my way perfect.  
He makes me as surefooted as a deer,  
enabling me to stand on mountain heights.  
He trains my hands for battle;  
he strengthens my arms to **bend a bow of bronze.***

**[Psalm 18:35-37]**

*You have given me your shield of victory.  
Your right hand supports me;  
your help has made me great.  
You have made a wide path for my feet  
to keep them from slipping.  
I chased my enemies and caught them;  
I did not stop until they were conquered....  
The LORD lives! Praise to my Rock!  
May the God of my salvation be exalted!*

## **DISCUSSION QUESTIONS**

1. What does “hallelujah” mean to you?
2. Have you ever been a victim? How can you avoid “living” as a victim? What will you do with what life has done to you?
3. Are you living in the past or leaning into the future? How can you know for sure that you are on the road to victory?
4. Share how your fight for freedom and your training for victory can benefit those who are living in bondage or are living with a victim mentality.
5. What is happening in your life now that could be training for victory?
6. Spend some time praying for one another and ask God to make us a people who will stand the test of time and endure the training to not only live as victors but to

encourage those around us to fight the good fight and become victors themselves.